

Sunday

Monday

Tuesday

Wednesday







Thursday

Friday

Saturday

December 2023

Sun Valley Assisted Living

								10:00 Exercise 10:30 Games 11:00 Trivia 1:00 BINGO 3:00 Snacks		1	10:30 a.m. with the  Leo/Lions Club		2	
2 p.m.  Church Visit		3	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 Holiday Movie 3:00 Snacks during movie time	4	10:00 Exercise 11:00 Games 11:00 Trivia 1:00 BINGO 3:00 Snacks	5	9:00 Beauty shop 9:30 Cat Visit 10:00 Exercise 10:30 Games 11:00 Trivia 1:00 Holiday Craft 3:00 Snacks	6	9:45 Music w/Debbie 11:00 Exercise 1:00 Game (to be announced) 3:00 Snacks  Hanukkah Begins	7	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 BINGO 3:00 Snacks 5-7 Cookies and Hot Cocoa Party with Families	8	 4 p.m. Caroling with Calvary Lutheran	9
		10	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 Holiday Movie 3:00 Snacks during movie time	11	9:00 Beauty shop 10:00 Exercise 11:00 Games 11:00 Trivia 1:00 BINGO 3:00 Snacks Flannel Day-Wear your favorite flannel	12	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 Holiday Craft - Gingerbread houses 3:00 Snacks Happy Birthday Inge!	13	10:00 Exercise 10:30 Games 11:00 Trivia Before Lunch Sing-a-Long 1:00 Reindeer Games (to be announced) 3:00 Snacks	14	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 BINGO 3:00 Snacks Leo Club Caroling	15	10:30 a.m. 	16
		17	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 Holiday Movie 3:00 Snacks during movie time	18	9:00 Beauty shop 10:00 Exercise 11:00 Games 11:00 Trivia 1:00 BINGO 3:00 Snacks	19	9:30 Cat Visit 10:00 Exercise 10:30 Games 11:00 Trivia Before Lunch Sing-a-Long 1:00 Craft 3:00 Snacks	20	9:45 Music w/Debbie 11:00 Exercise 1:00 Secret Santa for Residents 3:00 Snacks  Winter Begins	21	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 BINGO 3:00 Snacks 5:00 Christmas dinner	22	Happy Birthday Mary S. & Mildred! 	23
		24	 Christmas	25	9:00 Beauty shop 10:00 Exercise 11:00 Games 11:00 Trivia 1:00 BINGO 3:00 Snacks Boxing Day (Canada) Kwanzaa Begins	26	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 Craft – New Years 3:00 Snacks	27	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 Game (to be announced) 3:00 Snacks	28	10:00 Exercise 10:30 Games 11:00 Trivia 1:00 BINGO 3:00 Snacks	29		30
Happy Birthday Val! 1:30 p.m. Plummer Family music New Year's Eve		<p>“Embrace the magic that Christmas brings. Let it live in your heart and reflect in everything you do.”</p> <p>Dance like Frosty. Shine like Rudolph. Give like Santa. Love like Jesus.</p> <p>Wishing everyone the peace and the joy of the season!</p> <p>Merry Christmas and Happy New Year!</p>										31		

All activities are subject to change. Have an idea? Talk with Julie, Activities Director ☺