

2024 October

Sun Valley Assisted Living

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Daily Meals

8:00 Breakfast
Noon Lunch
3:00 Snack Cart
5:00 Dinner

9:00 Beauty shop 1

9:30 Morning Visit
10:00 Exercise
10:45 Bible Study/ Devotional
1:00 Crafts

9:30 Morning Visit 2

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO

9:30 Morning Visit 3

9:45 Music w/Debbie
11:00 Exercise
1:00 Craft

9:30 Morning Visit 4

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO

Purple Friday

5

Today is
Do Something Nice Day

Crossroads Church Visit 6
2 p.m.

9:30 Morning Visit 7

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO

9:00 Beauty shop 8

9:30 Morning Visit
10:00 Exercise
10:45 Bible Study/ Devotional
1:00 Crafts

9:30 Morning Visit 9

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO
Happy Birthday Kay!

9:30 Morning Visit 10

10:00 Exercise
10:30 Games
11:00 Trivia
11:00 Exercise
1:00 Craft

9:30 Morning Visit 11

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO

Purple Friday

12

1 p.m. Yarn Craft

i love yarn day

1 p.m. MOVIE Time! 13

9:30 Morning Visit 14

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO

Columbus Day

9:00 Beauty shop 15

9:30 Morning Visit
10:00 Exercise
10:45 Bible Study/ Devotional
1:00 Crafts

9:30 Morning Visit 16

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO
Happy Boss's Day!

9:30 Morning Visit 17

9:45 Music w/Debbie
11:00 Exercise
1:00 Craft
Happy Birthday Lillian!

9:30 Morning Visit 18

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO

Purple Friday

19

10:30 a.m. with the BINGO Leo/Lions Club

20

9:30 Morning Visit 21

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO

National Apple Day!

9:00 Beauty shop 22

9:30 Morning Visit
10:00 Exercise
10:45 Bible Study/ Devotional
1:00 Crafts

9:30 Morning Visit 23

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO
2:30 Steve Flynn Music

9:30 Morning Visit 24

10:00 Exercise
10:30 Games
11:00 Trivia
11:00 Exercise
1:00 Karaoke

9:30 Morning Visit 25

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO
Frankenstein Friday

26

1 p.m. MOVIE Time!

1:30 p.m. Plummer Family Music 27

9:30 Morning Visit 28

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO

9:00 Beauty shop 29

9:30 Morning Visit
10:00 Exercise
10:45 Bible Study/ Devotional
1:00 Crafts

9:30 Morning Visit 30

10:00 Exercise
10:30 Word Games
11:00 Trivia
1:00 BINGO
Happy Birthday Christel!

9:30 Morning Visit 31

10:00 Exercise
10:30 Games
11:00 Trivia
1:00 Music with Lynn Halloween!

All Activities are Subject to Change Without Notice