

# Sun Valley Assisted Living

# MAY 2025

**Daily Meals**  
8:00 Breakfast  
Noon Lunch  
3:00 Snack Cart  
5:00 Dinner

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



## Resident Birthdays

May 14<sup>th</sup> - Jackie  
May 16<sup>th</sup> - Bill  
May 18<sup>th</sup> - Linda  
May 29<sup>th</sup> - Shona



"Love and compassion are necessities, not luxuries. Without them, humanity cannot survive."



- Dalai Lama

9:30 Morning Visit  
9:45 Music w/Debbie  
11:00 Exercise  
1:00 Crafts  
3:00 Snacks  
NATIONAL DAY OF PRAYER  
National Day of Prayer

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks  
National Space Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks  
Kentucky Derby Day

CALVARY BAPTIST CHURCH  
Youth Music Group  
1:30 p.m.  
SPIN YOUR WHEEL MAY THE 4TH BE WITH YOU

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
Cinco de Mayo Day

9:00 Beauty shop  
9:30 Morning Visit  
10:00 Exercise  
10:45 Devotional  
1:00 Crafts  
3:00 Snacks

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 Music with Lynn  
3:00 Snacks  
World Red Cross Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks  
National Lost Sock Memorial Day

1 p.m. Movie  
Disney SECRETARIAT

Mother's Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks  
National Limerick Day

9:00 Beauty shop  
9:30 Morning Visit  
10:00 Exercise  
10:45 Devotional  
1:00 Crafts  
3:00 Snacks  
National Apple Pie Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks  
Stars and Stripes Forever Day

9:30 Morning Visit  
9:45 Music w/Debbie  
11:00 Exercise  
1:00 Crafts  
3:00 Snacks  
National Chocolate Chip Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks  
National Pizza Party Day

BINGO  
with Leo/Lions Club  
10:30 a.m.  
Preakness Stakes

Crossroads  
Church Visit  
2 p.m.

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks

9:00 Beauty shop  
9:30 Morning Visit  
10:00 Exercise  
10:45 Devotional  
1:00 Crafts  
3:00 Snacks  
World Bee Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
2:30 Steve Flynn Music  
3:00 Snacks  
National Talk Like Yoda Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 Crafts  
3:00 Snacks

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks  
World Turtle Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks



Indianapolis 500



Memorial Day

9:00 Beauty shop  
9:30 Morning Visit  
10:00 Music w/Lynn  
10:45 Devotional  
1:00 Crafts  
3:00 Snacks  
National Sunscreen Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 Karaoke  
3:00 Snacks  
Red Nose Day

9:30 Morning Visit  
10 - 11:30 Morning Exercise Games Trivia  
1:00 BINGO  
3:00 Snacks  
National Creativity Day

National SMILE Day  
National Smile Day

All Activities are Subject to Change Without Notice