

Homestead of Sun Valley Assisted Living
Sun Valley at the Meadows Assisted Living
Ridge Overlook Assisted Living
Sun Valley Assisted Living



Newsletter – March 2026

St. Patrick's Day celebrations around our community



Army Veteran Sergeant Sterling Carr turns 101

Sterling Carr was born on 3/24/1925. He was raised by his mom, Olive, who nicknamed him “Buddy”. He is still referred to as Buddy to this day. He had one brother and one sister. While his mom worked, he would go into his grandparents’ farm in the summer and work on the farm.

After graduating from Westminster High School, Sterling was drafted into the Army and served from May 1943 – March 1946, during WWII. He was a sergeant who rode a red Harley around the European air Depot. He went to NYC, England, France, Germany and Bavaria in the 566 Anti-Air craft automatic weapons battalion guarding airstrips. After the war was over, he was an MP in charge of the German prisoners.

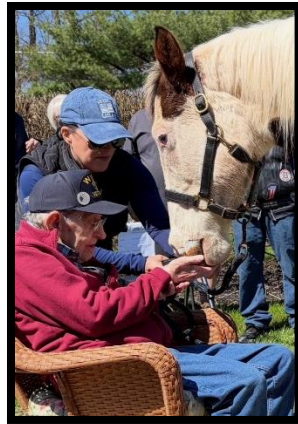
When he came home, he got a job at BGE where he worked for 40 years. He was a “big boss” in Carroll and Howard counties. He married, Clara, whom he said was his high school sweetheart and they settled in Westminster. They had one daughter, Candace. Years later, he became a grandfather and has one granddaughter.

Sterling and his wife loved to travel. They played cards with friends and loved to dance. They enjoyed big band music along with marching bands and Christmas music. Unfortunately, Clara died at 60 years old.

Sterling believes that the “Good Lord” has been good to him during his 101 years on earth. One of the most important lessons he has learned is to “understand what other people’s problems are” or “put yourself in other’s shoes”. His advice to the younger generation...”listen to the older people and take their advice”.



Sterling Carr's Birthday Celebration at Sun Valley



Active military from the U.S. Army stood with a horse from Good Intentions Farm.



A beautiful handmade quilt was presented by the Quilts of Valor

There were visitors from Desert Knights of America Motorcycle Club (all veterans) and also State's Attorney Haven Shoemaker and Special Counsel Allan Culver.



Thank you to Brandy, Brittany, and all those who made this a very special day for our amazing resident!