

2026 June

SUN VALLEY ASSISTED LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Daily Meals
 8 am Breakfast
 Noon Lunch
 3:30 pm Snack Social
 5 pm Dinner

10 -11:45 Morning Exercise Games Trivia
 1:00 Round the Clock Game
 3:30 Snack Social
My Caring Paws

9:00 Beauty shop
 10:00 Exercise
 10:45 Devotional
1:00 BINGO
 3:30 Snack Social

10:00 Music w/Debbie
 11:00 Exercise/Trivia
 1:00 Resident Choice: Word Games, Craft, Art
 3:30 Snack Social
National Repeat Day

10 -11:45 Morning Exercise Games Trivia
1:00 Duffy and Ro
 2:00 KARAOKE SAL
 3:30 Snack Social

10 -11:45 Morning Exercise Games Trivia
 1:00 BINGO
 3:30 Snack Social

Linda
D-Day Anniversary

Church Visit 2 p.m.

10 -11:45 Morning Exercise Games Trivia
 1:00 TRIVIA BINGO
 3:30 Snack Social
My Caring Paws

9:00 Beauty shop
 10:00 Exercise
 10:45 Devotional
1:00 BINGO
 3:30 Snack Social

10 -11:45 Morning Exercise Games Trivia
 1:00 Resident Choice: Word Games, Craft, Art
 3:30 Snack Social
National Ice Tea Day

10 -11:45 Morning Exercise Games Trivia
1:00 Music w/Lynn
 2:00 KARAOKE SAL
 3:30 Snack Social
National Corn On The Cob Day

10 -11:45 Morning Exercise Games Trivia
 1:00 BINGO
 3:30 Snack Social

Movie 1 p.m.

Flag Day

10 -11:45 Morning Exercise Games Trivia
 1:00 TRIVIA BINGO
 3:30 Snack Social

9:00 Beauty shop
 10:00 Exercise
 10:45 Devotional
1:00 BINGO
 3:30 Snack Social
National Fudge Day

10:00 Music w/Debbie
 11:00 Exercise/Trivia
 1:00 Resident Choice: Word Games, Craft, Art
 3:30 Snack Social
National Eat Your Vegetables Day

10 -11:45 Morning Exercise Games Trivia
1:00 Forever Young
 2:00 KARAOKE SAL
 3:30 Snack Social

10 -11:45 Morning Exercise Games Trivia
 1:00 BINGO
 3:30 Snack Social
Juneteenth

American Eagle Day

Happy Father's Day!

10 -11:45 Morning Exercise Games Trivia
 1:00 TRIVIA BINGO
 3:30 Snack Social

9:00 Beauty shop
 10:00 Exercise
 10:45 Devotional
1:00 BINGO
 3:30 Snack Social
NBA Draft Day

10 -11:45 Morning Exercise Games Trivia
1:00 Music by Jessica
 2:00 Hangman & Word Games
 3:30 Snack Social
National Upcycle Day

10 -11:45 Morning Exercise Games Trivia
 1:00 KARAOKE SAL
 3:30 Snack Social
Beatles Day

10 -11:45 Morning Exercise Games Trivia
 1:00 BINGO
 3:30 Snack Social

Julie

John

10 -11:45 Morning Exercise Games Trivia
 1:00 TRIVIA BINGO
2:00 Music w/Lynn
 3:30 Snack Social

9:00 Beauty shop
 10:00 Exercise
 10:45 Devotional
1:00 BINGO
 3:30 Snack Social
National Corvette Day

Staff Birthdays
 June 1st - Morgan
 June 3rd - Julie
 June 22nd - Tammy

"June is the elixir of life."
 — L.M. Montgomery